

# COVID-19

## Overnight Camp Procedures and Protocols



## eCamps Sports Network

### COVID-19 RE-OPENING PROCEDURES AND PROTOCOLS

Based on state and local guidelines, eCamps Sports Network will operate under the following policies and procedures. As local guidelines on social distancing, gathering size limits and athletic activities change, our protocols and procedures may shift accordingly. Our goal is to provide a comprehensive and safe training experience for all players. More than ever, safety is our top priority this Summer!

The eCamps team will strive to make the best decisions based on the unique conditions and guidelines within our community.

Please remember DO NOT come to camp if you feel sick, and please contact the director if anyone develops COVID-19 symptoms

#### Designated COVID-19 Points of Contact

eCamps personnel is responsible for responding to COVID-19 concerns, questions, procedures, and protocols.

Contact info: [Support@ecamps.com](mailto:Support@ecamps.com)

800-944-7112

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## Personal Protective Gear, Supplies and Clothing

- eCamps Sports will provide employees with up to date COVID-19 information and training on safe usage and disposal of protective equipment such as gloves and face coverings.
- eCamps Sports coaches will be required to maintain a minimum distance of 3 feet from others or wear a mask in all situations where physical distancing cannot be maintained.
- eCamps Sports Network will provide gloves to employees for contact with high-touch surfaces, cleaning, disinfecting, and direct contact with sports equipment.
- eCamps Sports Network will provide all coaches and players with hand sanitizer for use before, after, and during events.
- eCamps Sports Network will maintain a supply of cleaning materials (gloves, disinfectant, hand sanitizer, etc.) at the camp. eCamps Sports Network will provide the means to disinfect our players' lacrosse equipment after each day if a player is interested. This can be used by our staff, coaches, or players as needed throughout the camp. Our program will go above and beyond to limit and control exposures and work to follow the CDC/State guidelines to the best of our abilities.
- All players will be asked to wear a mask when they are not playing and where 3 feet of distancing cannot be followed.

## Facility Sanitation (The Facility and Equipment will be cleaned daily by coaching staff or facility staff members)

- Cleaned using appropriate EPA-approved materials for any surface
- Locks, Gates, Doors, Goals,
- Sports equipment
- Bathrooms
- Cafeteria
- Dorm Rooms

## General Guidance for Players and Participants

eCamps Sports Network will provide additional protocols and guidelines to players and families prior to the start of the program in which they are enrolled, including:

- **Extended Day Campers First Day Check-In Procedures** - Participants will have designated arrival and pick up times presented to them prior to the start of camp. Check in procedures will be dependent upon the location of camp. Please follow the staff guidance at the designated check in time.
- **Extended Day Campers First Day Check-Out Procedures** - Participants will vacate the field premises immediately following practice. Check out procedures will be dependent upon the location of camp. Please follow the staff guidance at the designated check in time.
- **Overnight Campers First Day Check-In Procedures** - Participants will have designated arrival and pick up times presented to them prior to the start of camp. Once they have arrived at the facility staff members will walk them to the registration area. Check in procedures will be dependent upon the location of camp. Please follow the staff guidance at the designated check in time. No parents or visitors will be allowed inside the dorms. A staff member will assist the camper to their designated room (single occupancy rooms will be available for all campers unless they are with a sibling or traveled to camp together)
- **Foot Traffic** - Entry and exit pattern for the complex where the program will take place and staggered start/end times to ensure physical distancing during ingress/egress.
- **Waivers** – eCamp Sports Network Liability Waiver Form, any facility provided waiver forms, Pre-Screening forms, and health forms to be completed prior our first day of camp.
- **Spectators** – All visitors and spectators must stay in their vehicles for the duration of each event. No visitors will be allowed on site unless they are picking up or dropping off a camper.
- **Items Participants are Required to Bring for the field (overnight packing list can be found in the camper packet):**
  - Sports equipment
  - Their own hand sanitizer (we will also provide hand sanitizer at each session)

- Personally, marked water bottle
  - Personal face covering to be worn
- **Pre-Screening Measures** (Pre-screening form is included, Form is intended to be completed at home and will be handed in on the first day of camp) - All coaches, participants and families **must conduct** a daily self-evaluation health check. All coaches, participants and family members must confirm they have not experienced COVID-19, CDC-defined symptoms and will monitor their own symptoms, including cough, shortness of breath, or any two of the following symptoms:
- Fever
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell
- **Positive COVID-19 Test or Symptoms** - If any member of our team or family member informs eCamps Sports Network of a positive COVID-19 test or has symptoms, all players who were in contact with said person will be notified immediately. Members testing positive must self-quarantine for 14 days or submit a copy of a negative test result before returning to play.
- **Quarantine Area** - We will have a designated quarantine area at the field and in the dorms in the case someone has COVID-19 symptoms that were not visible before the start of the event.

## References

### **CDC Youth Sports Guidelines**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

### **CDC Guidelines**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### **CDC Considerations for Return to Youth Sports**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

### **Associations (NFHS) and Sports Medicine Advisory Committee (SMAC)**

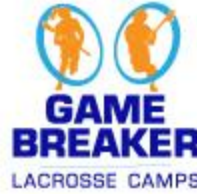
[https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15\\_2020-final.pdf](https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15_2020-final.pdf)

**Opening America Again. The White House,** <https://www.whitehouse.gov/openingamerica/>

### **College Athletic Trainers Society Videos:**

<https://youtu.be/Pld8E8ziHfI>

<https://vimeo.com/wienotfilms/CATS>



## COVID-19 Screening Camp Monitoring Form

Please complete this form and print it out to hand in at check-in every morning. Please monitor your child daily. This form is intended for self-monitoring of COVID-19 symptoms. If you show any of the below symptoms, please immediately contact the camp office and camp staff (800-944-7112)

<b>Fever or Chills</b>	<b>Yes</b>	<b>No</b>
<b>Cough</b>	<b>Yes</b>	<b>No</b>
<b>Nasal Congestion or Runny Nose</b>	<b>Yes</b>	<b>No</b>
<b>Sore Throat</b>	<b>Yes</b>	<b>No</b>
<b>Shortness of Breath or Difficulty Breathing</b>	<b>Yes</b>	<b>No</b>
<b>Diarrhea</b>	<b>Yes</b>	<b>No</b>
<b>Nausea or Vomiting</b>	<b>Yes</b>	<b>No</b>
<b>Fatigue</b>	<b>Yes</b>	<b>No</b>
<b>Headache</b>	<b>Yes</b>	<b>No</b>
<b>Muscle or Body Ache</b>	<b>Yes</b>	<b>No</b>
<b>New Loss of Taste or Smell</b>	<b>Yes</b>	<b>No</b>
<b>Temperature (Higher than 100.3)</b>	<b>Yes</b>	<b>No</b>

**Name:** \_\_\_\_\_

**Camp Location:** \_\_\_\_\_

**Date:** \_\_\_\_\_



# eCamps Sports Network Waiver

## Addendum Relating to Coronavirus/COVID-19

### eCamps Terms and Conditions Waiver

This Addendum supplements terms and conditions that apply to your registration as parent or guardian (“**Parent**”) on behalf of your child or ward who you register as an individual Participant (each a “**Participant**”) for programming (“**eCamps**”) offered by (“**eCamps Sports Network Camps**”)

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization (“WHO”). COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life threatening illness and even death.

eCamps cannot prevent Participant from becoming exposed to, contracting, or spreading COVID-19 while participating in the Activities. It is not possible to prevent against the presence of the disease. Therefore, if Parent chooses for Participant to participate in the Activities, there may be an increased risk of Participant’s and Parent’s exposure to or contracting or spreading COVID-19.

**ASSUMPTION OF RISK:** Parent has read and understood the above warning concerning COVID-19. Parent hereby chooses to accept the risk of Parent and Participant contracting COVID-19 in order for Participant to participate in the Activities. Parent acknowledges that participation at eCamps is of such value to Parent or Participant, that Parent and Participant accept the risk of being exposed to, contracting, and/or spreading COVID-19 in order to have Participant participate in the Activities.

**GOVERNING LAW:** The law of the state where the eCamps is located shall govern this Addendum.

WAIVER OF LAWSUIT/LIABILITY: Parent hereby forever releases and waives Parent’s and Participant’s right to bring suit against Stack Sports, and its affiliates and their owners, officers, directors, managers, officials, trustees, agents, employees, or other representatives in connection with exposure, infection, and/or spread of COVID-19 related to participation in the Activities. Parent understands that this waiver means Parent gives up Parent’s and Participant’s right to bring any claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claim Parent or Participant may have to seek damages, whether known or unknown, foreseen or unforeseen.

By signing this document, Parent agrees that if Parent or Participant is exposed or infected by COVID-19 during Participant’s participation in the Activities, then Parent may be found by a court of law to have waived Parent’s or Participant’s right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

PARENT HAS CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE PARENT’S AND PARTICIPANT’S RIGHTS CONCERNING LIABILITY AS DESCRIBED.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_